

JANUARY 2009

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Meet Tom Lintner... Plastic Surgeon & Family Man



ADVANCED AESTHETIC SURGERY

DR. TOM LINTNER

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THE VOICE OF THE SIXES & HOLLY SPRINGS COMMUNITIES

Meet Dr. Tom Lintner...



Most think of him as a pretty well-rounded person; he considers himself a “man of many hats,” some of which are: teacher, family man, scientist, history buff, sailor, arborist and let’s not forget his “day job” as a plastic surgeon. Tom’s ideal day away from the office would consist of some landscaping in the yard, spending the afternoon in the pool with his boys

(and their friends), grilling out at home, followed by watching some war movie until the wee hours of the morning.



He considers himself a teacher first and foremost. Dr. Lintner feels his role in the lives of his four children is to teach them as much as he can. Be it safely lighting fireworks, dealing with relationships, coaching them to play basketball or teaching quick multiplication — he’s on it. Tom also makes sure to remind his older boys to set a

positive example for the younger ones.

He feels this is the best way to handle things as a physician as well. Not everyone needs a full tummy tuck. Tom takes the time to explain procedures to his patients, even before they are his patients, to make sure they understand exactly what they are contemplating and help the patient make the best decision for the outcome they desire. He takes the same approach when working with anyone on his staff. He feels that is the best way to assure his patients’ well-being and safety.

Most physicians think of themselves as scientists and rightfully so, as the practice of medicine is an ongoing process of carefully examining not only patients but new processes and treatment protocols. Tom is constantly educating himself on the latest and newest techniques from surgical to non-invasive procedures. He added he won’t always be the first to try any new procedure. Tried and true practices have been around for a reason — they work. He enjoys educating his patients about techniques that sound too good to be true.

Being the son of a Navy physician, Tom grew up all over the country. He was born in Hawaii in 1957 and spent most of his childhood on naval bases. He was taught the ideals of patriotism and the sacrifices the military made and continue to make for this country early in life. His parents’ friends were active or former military for the most part, so hearing “old military stories” was not uncommon in his home. He credits this for his love of history. His father imparted a love for the sea and Tom’s hobbies stand as proof. Summers were spent taking and later teaching sailing lessons to the youth of his local yacht club. Last year, Tom and his wife bareboat sailed in the Society Islands in Tahiti and sail every year in the British Virgin Islands. Sailing has always been a large part of Tom’s life and another thing that he loves to teach and share with others.

His passions help Tom become a better surgeon. Sailing, while on the surface sounds pretty relaxing, can be challenging work. It demands constant evaluation of wind, water and sail. Thoughtful yet subtle changes to increase speed can be taxing to say the least. In some circles, the surgeon while in the operating room is called the “Captain of the ship” because he is constantly



assessing and guiding the actions of his team every minute his patient is on the table. He helps ensure patient safety as well as a smooth and comfortable experience.

Dr. Lintner's father also instilled in him a great fondness and respect for Asian art

and Japanese inspired landscaping. Japanese landscaping requires great patience and skill in order to provide the meticulous care that occurs over years to sculpt and create gorgeous trees and shrubs in mature gardens. This precision transfers to the specialty of plastic surgery. An arborist must be able to see the potential shape and form of an adult tree in a sapling. From reconstructing facial fractures in the trauma room as the result of a car wreck to transforming a patient during cancer reconstruction to breast augmentation, certainly any surgeon can be taught a technique but to have a vision and just "see where something should be" takes a little more. Patients have said it for years and it is obvious in his before and after photos — he's got it.

With more than 18 years of private practice behind him, he has grown and changed with his practice and the type of practice that he wants to have. He walked away from a larger group to go it alone with a team of incredible people whose main priority is to ensure the best surgical experience possible. He's partnered with WellStar Kennestone Hospital and Georgia Anesthesiologists, PC to ensure the safest surgical experience possible. Tom has several joys in life — high on the list is his love for improving the lives of his patients.

Looking for a plastic surgeon? Meet Dr. Tom Lintner.

770.771.5151 • www.tomlintnermd.com



CREDENTIALS:

- Georgetown University: graduated with honors
- Medical degree from Emory University School of Medicine
- General and Plastic Surgery residencies at Emory
- Numerous articles and presentations given regarding general and plastic surgery.
- Published in national medical/surgical journals.
- Active member of WellStar Kennestone Hospital on Medical Staff Credentialing and Surgical Services committee; Chief of Plastic Surgery in 2005.
- Diplomate of the American Board of Plastic Surgery
- Fellow of the American College of Surgeons
- Member of several medical organizations, such as the American Society of Plastic Surgeons and the American Society for Aesthetic Surgery.
- On the Board of Directors for Cobb County Medical Society
- Volunteers at Marietta High School as team physician.